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About the Author. Dr. John E. Upledger is President of The Upledger Institute, Inc. Dedicated to the natural enhancement of health, the Institute is recognized worldwide for its groundbreaking continuing-education programs, clinical research and therapeutic services. He is the author of CranioSacral Therapy; CranioSacral Therapy II - Beyond The Dura; SomatoEmotional Release and Beyond; Your Inner Physician and You; A Brain is Born; and CranioSacral Therapy, Touchstone for Natural Healing .

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