

Aging With Grace

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Aging With Grace

The Chemung County Nursing Facility is celebrating its 50th anniversary today, July 29, and the theme of the celebration is “Aging with Grace”. The facility ...

Chemung County Nursing Facility celebrates its 50th anniversary

"The Lord never discards the aging population. Old age has a grace and a mission too, a true vocation from the Lord." -- Pope Francis ...

The faith of grandparents offers hope to today's young people

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If passed, the bill would distribute \$100 million in grants to higher education institutions that teach the legacy computer languages required to maintain federal IT systems.

Colleges would vie for grants to teach legacy coding languages under proposed bill

If you're interested in staying healthy as you age — and living longer — you might want to add a different set of muscles to your workout routine: your creative ones. Ongoing research suggests that ...

Creativity may be key to healthy aging. Here are ways to stay inspired.

Nellie Grace Welch Brewer, 90, of Bennett, died Monday, 07/26/21) at Chatham Hospital. The funeral is 11 a.m. Wednesday at Bennett Baptist Church with the Rev. Dr. Jason Whitehurst, Pastor Edwin Moore ...

Nellie Grace Welch Brewer

Winslet also opened up about starting to notice the first signs of aging when she was hunkering down at home during the pandemic. But rather than dwell on it, the actress gave herself grace and ...

Kate Winslet Custom-Mixes Foundation Depending on Where in Her Menstrual Cycle She Is

aging with grace and imagination; taking a deep look at our society, with tongue firmly in cheek, by writing a musical; and the struggles of women climate scientists from the point of

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view of the ...

Seacoast Summer Reading Sessions aim to transform the stereotype of summer reading

Sangeeta Bijlani is defying age and these stunning pictures of her transformation are proof! Actress Sangeeta Bijlani is celebrating her 61st birthday on July 9 but her grace and style are still ...

Epitome of grace and style Sangeeta Bijlani turns 61, says she would like to make a comeback

The west Baltimore medical facility, which was acquired by LifeBridge in late 2019 and renamed Grace Medical Center ... city approval to tear down an aging building tied to the hospital and ...

LifeBridge readies to raze, replace building at Grace Medical Center in west Baltimore

There is a moment in the 2015 movie "Mr. Holmes" — the story of an aging Sherlock ... and optimism and belief in grace. At the moment, my to-read pile has six titles. Last week it had nine.

Bookmark: The secrets of the to-be-read pile

Among these aging heroes passing the torch to their children is Grace Sampson, a.k.a Lady Liberty, played by none other than Leslie Bibb. She recently sat down with Backstage to talk

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about working ...

'Jupiter's Legacy' Star Leslie Bibb Is Still Finding Ways to Challenge Herself

John Viecegli came to Canada as a 17-year-old with almost nothing and speaking no English, and built a prosperous life here through many years of hard work. Now 88, the longtime homebuilder says ...

Local builder with rags-to-riches story makes major donation to HDGH

The Grace & Frankie actress has also added CBD and hemp advocate to her resume. CBD products have been gaining recognition for their natural muscle-relaxing properties and anti-aging components.

The surprising beauty ingredient Jane Fonda swears by

A good cup of coffee (or three) is our saving grace on a busy day ... a mineral essential to the production of anti-aging collagen in the body. The blend contains high amounts of immune ...

Nora's Naturals Coffee

Macdonald is part of the sandwich generation in caring for her aging parents while also raising ... So it's okay to give yourself grace and to be kind to yourself," said Macdonald.

Kupuna Caregiver: Tips for the sandwich generation

On Monday, the Tennessee Coalition for Better Aging held a virtual meeting about ... ladder

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and also pay them a livable wage," said Grace Smith, co-chair of the Tennessee Coalition for Better ...

Tennessee eligible for \$157M in funding to improve caregiving for the elderly, disabled

Blue Monday's mission is to "improve the quality of life for aging and retired musicians and ... Teka Briscoe, Lyle Begnaud and Sharona Thomas will also grace The Grouse Room stage.

Blue Monday Concert Series: monthly event back downtown with 'Country, Rhythm and Blue Monday'

Groups like the Tennessee Disability Coalition and Tennessee Coalition for Better Aging argue these extra ... our caregiving infrastructure," said Grace Smith, executive director of AgeWell

...

Groups urge changes as Tennessee seeks long-term care funds

Now, LifeBridge is seeking city approval to tear down an aging building tied to the hospital ... Unlike at Bon Secours, Grace Medical no longer offers general inpatient care and inpatient surgeries.